



ECO-FRIENDLY CAMPUS

“IT ALL STARTS WITH US”




ECO-FRIENDLY CAMPUS : IT STARTS WITH US

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 **Date:** Thursday, December 12, 2024

 **Venue:** Faculty of Medicine, Cairo University (Hall A, 2nd floor, Conference Hall)

 Organized by: **Kasr Alainy Green Office & Students Union**

 In Collaboration with: **WHO (World Health Organization) Egypt**

Under the Patronage of:

- **Prof. Husam Salah Mourad** — Dean of Kasr Alainy Faculty of Medicine, Cairo University
- **Prof. Omar Azam** — Vice Dean of Community Services & Environmental Development
- **Prof. Rehab Abdel Hai** — Head of Public Health Department

Join us for an inspiring day of learning, discussion, and action on climate change and sustainability!

Participants will receive an official certification of attendance.

CLIMATE CHANGE: A GLOBAL CHALLENGE

• What is Climate Change?

Long-term shifts in temperature and weather patterns, mainly caused by human activities like burning fossil fuels and deforestation.

• Key Impacts:

- **Rising Temperatures:** Leading to more extreme weather events.
- **Melting Ice & Rising Sea Levels:** Threatening coastal areas.
- **Disrupted Weather Patterns:** More storms, droughts, and irregular rainfall.
- **Biodiversity Loss:** Species facing extinction due to changing ecosystems.
- **Health Risks:** Increased spread of diseases and heat-related health issues.

• The Need for Action:

Immediate steps to:

- 1.Reduce emissions,
- 2.Protect ecosystems
- 3.Prepare for climate impacts
- 4.Ensuring a sustainable future



TIPS FOR A GREENER HOME

Caring for domestic plants improves your space and contributes to a greener environment.

1. Choose the Right Plants

Pick plants suitable for your home's light and climate, like succulents for low-light areas.

2. Water Wisely

Water when the top inch of soil is dry, avoiding overwatering.

3. Proper Light Exposure

Ensure plants get enough sunlight or indirect light based on their needs.

4. Fertilize Regularly

Use organic fertilizers once a month during the growing season.

5. Prune and Clean

Remove dead leaves and clean plant surfaces to promote healthy growth.

6. Repot as Needed

Repot plants when they outgrow their containers to give roots more space.

7. Air-Purifying Plants

Add plants like aloe vera and peace lilies for improved indoor air quality.

Happy gardening for a greener, healthier space!

WHO RESOURCES ON CLIMATE CHANGE AND HEALTH

Climate change poses significant risks to health systems worldwide. The World Health Organization (WHO) provides valuable resources to help understand and address these challenges

Key Resources:

1. WHO Climate Change and Health Manual

(A comprehensive guide on climate-resilient health systems)

[WHO Climate Change Manual](#)

2. Training Courses

- Health and Climate Change: A New Era for Health
- Climate Change and Health: A Global Response

[WHO Learning Platform](#)

3. Toolkit on Climate Change and Health

(enhance capacity-building efforts in addressing climate-related health impacts)

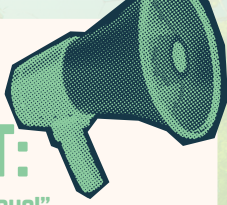
[Toolkit on Climate Change and Health](#)

4. Environmental Health Guidelines

(Guidelines that address environmental health issues, including those related to climate change)

[WHO Environmental Health Guidelines](#)

COMPETITION ANNOUNCEMENT:



"PROPOSE YOUR IDEA FOR A GREENER CAMPUS!"

How to Participate:

- Form a team of **2-5** members.
- Submit your idea in the form of a presentation.
- Include an action plan on how you would implement your idea.
- Get expert support! Each category will have dedicated mentors and instructors to guide you throughout the process.

Competition Categories:

1. Recycling
2. Energy Conservation
3. Sustainable Transport
4. Greener Campus Design
5. Water Conservation
6. Community Awareness
7. Others: Unique ideas that don't fit into the above categories.

Judging Criteria

- Creativity
- Feasibility
- Impact
- Clarity
- Scalability
- Effective collaboration

Stay updated! Further details about the competition and submission will be shared on the student union's Facebook page.

KASR ALAINY STUDENTS UNION